



Klub za ritmično gimnastiko Šiška

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Mestna občina
Ljubljana



16th FRIENDSHIP TOURNAMENT

IN RHYTHMIC GYMNASTICS

(A and B program)

Ljubljana, Slovenia, 6th and 7th June 2020

Dear friends of rhythmic gymnastics!

We are pleased to invite you to participate in the 16th Friendship Tournament in Rhythmic Gymnastics, which will be organized under the motto of "friendly gathering"! The Tournament will take place in Ljubljana, Slovenia, on Saturday 6th and on Sunday 7th June 2020.

ORGANIZING COMMITTEE	Club for Rhythmic Gymnastics Šiška Gunceljska cesta 26, 1210 Ljubljana - Šentvid, Slovenia E-mail address: kg.siska@gmail.com Web page: http://krg-siska.net
EVENT MANAGER	Mrs. Urša Pucelj
DATE	Saturday, 6th and Sunday, 7th June 2020
VENUE	GINNASTIČNI CENTER LJUBLJANA GYMNASTICS CENTRE LJUBLJANA Koprska ulica 29, SI-1000 Ljubljana, Slovenia GPS Code: 46°02'20.1"N 14°29'01.0"E https://www.google.si/maps/place/Gimnasti%C4%8Dni+center+Ljubljana/@46.0390073,14.4840639,16.5z/data=!4m2!3m1!1s0x000000000000000000:0x0c61af61dabe310c
SCHEDULE	<u>Friday 5th June 2020</u> - arrival of delegations <u>Saturday 6th June 2020</u> - competition - banquet dinner <u>Sunday 7th June 2020</u> - competition <u>Monday 8th June 2020</u> - departure of delegations

APPLICATION DEADLINES	Definitive Registration	6 th May 2020 – online KSIS
	Nominative Registration	10 th May 2020 – online KSIS
	Visa Request Form	5 th May 2020
	Accommodation Form	5 th May 2020
	Travel Schedule Form	5 th May 2020
	Payment of the Entry fee	After arrival to LOC*
	Payment of the Accommodation costs	After arrival to LOC*
	Payment of the Local transportation	FREE for users of the official hotels
	Payment of the Lunch packages	INCLUDED in Entry fee
	Payment of the Banquet	INCLUDED in Entry fee
	<p>* on the day of competition exclusively to the Organizing Committee representative</p> <p>Please, register your gymnasts, judges, coaches and upload music in MP3 files on KSIS: http://rgform.eu/event.php?id_prop=1866 For additional information contact us on E-mail: krg.siska@gmail.com</p>	
THE SIZE OF THE DELEGATION	<p>Delegation may consist of:</p> <ul style="list-style-type: none"> - unlimited number of gymnasts (in case of too numerous applications the organizer may limit the participation in specific categories according to the early date of the entry of the application) - coaches - max. 1 judge 	
ENTRY FEE	<p>The entry fee for this event will be 35 EUR for individuals and 15 EUR per person for group.</p>	
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>If you have problems finding flights directly to Ljubljana, try with some other airports near Ljubljana: Treviso (I), Trieste (I), Graz (A), Vienna (A), Klagenfurt (A), Zagreb (CRO). For transportation from/to these airports please contact www.goopti.com.</p> <p>The Travel Schedule Form must be returned to the LOC by 5th May 2020.</p>	
LOCAL TRANSPORTATION	<p>The LOC can organize the transportation to/from official hotel listed below from the Airport Jože Pučnik in Ljubljana (11 €/person/1 way), Ljubljana train station or Ljubljana Bus station upon arrival and by departure (6 €/person/1 way).</p> <p>The LOC will organize free transportation to/from official hotel to/from the venue (competition hall).</p>	

ACCOMMODATION	<p><u>GYMNASTIC CENTRE LJUBLJANA - SPORT HOTEL</u> The price per person per night: 45 EUR/night (only 1 single room available, including TT) 30 EUR/night (double room, including TT) 25 EUR/night (triple room, including TT) 22 EUR/night (only 1 room with 4 beds available, including TT). All together 38 beds available. There is no food available in Gymnastic Centre, but you can use the kitchen with dining room. The store with food is very close.</p> <p><u>M HOTEL ****</u> The price per person per night: 89 EUR (single room, including breakfast, WI-FI, TT) 55 EUR (double room, including breakfast, WI-FI, TT). 45 EUR (triple or with 4 beds, including breakfast, WI-FI, TT) On request - only in case of available rooms in the hotel.</p> <p>While the Accommodation Form must be returned to the LOC by 5th May 2020 at the very latest, the hotel rooms will be allocated on a “first come, first serve” basis. The invited participating federations must pay for the accommodation expenses of their delegation members to the LOC upon arrival in cash.</p>
VISA	<p>Please verify immediately with your travel agent or the Slovenian Embassy or Consulate in your country if a Visa is required for your travel to Slovenia. The LOC will be happy to assist each delegation member with an official invitation letter, provided that the request is made before 5th May 2020 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member as well as the city the visa application support letter must be sent to.</p>
MEALS	<p>The Entry fee includes lunch package on the day of competition of the gymnast and the banquet dinner. Banquet dinner will be on Saturday, 6th June 2020.</p>
APPLICATIONS	<p>Please, upload your gymnasts, judges, coaches and music in MP3 files on http://rgform.eu/event.php?id_prop=656</p> <p>For additional informations contact us on E-mail: krg.siska@gmail.com (preferred) Tel: +386 31 347 654 (Mrs. Staša Punčuh)</p>

We are looking forward to see you in Ljubljana!

Best regards,

**President of OC
Mrs. Nina Apollonio**

INDIVIDUAL EXERCISES:
A PROGRAM

YOUNGER GIRLS 1 born 2011 and younger	2 exercises – Without Apparatus + Apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
GIRLS 1 born 2010	2 exercises – Without Apparatus + Apparatus by choice	FIG – 2017/2020 Code Junior
GIRLS 2 born 2009	2 exercises – Without Apparatus + Apparatus by choice	FIG – 2017/2020 Code Junior
PRE-JUNIORS 1 born 2008	2 exercises – Apparatus by choice	FIG – 2017/2020 Code Junior
PRE-JUNIORS 2 born 2007	2 exercises – Apparatus by choice	FIG – 2017/2020 Code Junior
JUNIORS 1 born 2006	3 exercises – Apparatus by choice	FIG – 2017/2020 Code Junior
JUNIORS 2 born 2005	3 exercises – Apparatus by choice	FIG – 2017/2020 Code Junior

B PROGRAM

YOUNGER GIRLS 1 born 2011	1 exercise – Without apparatus	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
GIRLS 1 born 2010	1 exercise – Without apparatus	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
GIRLS 2 born 2009	1 exercise – Without apparatus or Apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
PRE-JUNIORS 1 born 2008	1 exercise – Apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
PRE-JUNIORS 2 born 2007	1 exercise – Apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
JUNIORS 1 born 2006	1 exercise – Apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points

JUNIORS 2 born 2005	1 exercise – Apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
SENIORS born 2004 and older	2 exercises – Apparatus by choice	FIG – 2017/2020 Code Difficulties: Minimum 3, highest 8 counted Execution - 10.00 points

GROUP EXERCISES:
1st and 2nd NATIONAL LEVEL

YOUNGER GIRLS 1st level Born in 2010 and younger min. 4 gymnasts	Exercise without apparatus National rules 1 st level for year 2020
YOUNGER GIRLS 2nd level Born in 2010 and younger min. 4 gymnasts	Exercise without apparatus National rules 2 nd level for year 2020
GIRLS 2nd level Born in 2008 and younger min. 4 gymnasts	Exercise without apparatus + Apparatus by choice National rules 2 nd level for year 2020
JUNIORS 2nd level Born in 2005 and younger min. 4 gymnasts	Exercise with Apparatus by choice National rules 2 nd level for year 2020
SENIORS 2nd level Born in 2004 and younger min. 4 gymnasts	Exercise with Apparatus by choice National rules 2 nd level for year 2020

DUOS/TRIPLETS:
1st and 2nd NATIONAL LEVEL

PRE-JUNIORS 2nd level Born in 2007 and younger	Exercise with Apparatus by choice National rules 2 nd level for year 2020
SENIORS 2nd level Born in 2004 and older	Exercise with Apparatus by choice National rules 2 nd level for year 2020