# FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



# FIG RHYTHMIC GYMNASTICS WORLD CUP INDIVIDUAL AND GROUP PALAIO FALIRO, ATHENS 22 - 24 MARCH 2024



Update 10 November 2023 (All in red)

# **DIRECTIVES**

**EVENT ID: 16834** 

Dear FIG Affiliated Member Federation,

Following the decision of the FIG Executive Committee, the Gymnastics Federation of **Hellas** has the pleasure to invite your Federation to participate in the aforementioned official FIG World Cup.

| pleasure to invite | e your Federation to participate in the aforementioned official FIG World Cup. |
|--------------------|--------------------------------------------------------------------------------|
| FIG                | Fédération Internationale de Gymnastique (FIG)                                 |
|                    | Contact Person: Sylvie Martinet                                                |
|                    | Avenue de la Gare 12                                                           |
|                    | 1003 Lausanne - Switzerland                                                    |

Tel: +41 (0) 21 321 55 10 / Direct +41 (0) 21 321 55 15

e-mail: <u>smartinet@fig-gymnastics.org</u>

website: <u>www.gymnastics.sport</u>

HOST Hellenic Gymnastics Federation
FEDERATION Contact Person: Sophia Mode

37 Kifissias Ave., OAKA, EKAE Building

(Former Athlete's Guesthouse) Opposite Fire Station, 15123 Marousi, ATHENS

Tel: +30 210 9882458 / +30 210 9844019

e-mail: <a href="mailto:ego@otenet.gr">ego@otenet.gr</a>

website: <a href="https://www.ego-gymnastics.gr">www.ego-gymnastics.gr</a>
event website: <a href="https://www.aphroditecup.com">www.aphroditecup.com</a>

LOCATION Palaio Faliro, Athens, Greece

DATE 22 - 24 March 2024

**VENUE** 





Faliro Olympic Indoor Hall "TAEKWONDO,,

860 Posidonos Avenue, 17561, Palaio Faliro

Tel: +302109250016

e-mail: iseklerentos@etasa.gr

web Site: <a href="https://www.hppc.gr">www.hppc.gr</a>
Venue capacity: 4'000 seats

Height: 17m

|                                           | <b>Training Hall:</b> Palaio Faliro Indoor Hall "SOFIA BEFON" 1 km from Competition Hall Height: 12m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                         |  |
|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|--|
|                                           | Warm Up Hall: just next                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | to the Competition Hall                                 |  |
| FLOOR<br>APPARATUS<br>SUPPLIER            | Spieth Beijing FIG ID 547  Competition hall: 1 (14m Warm-up area: 4 (14m Training hall(s): 2 (14m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | n x 14m)<br>n x 14m)                                    |  |
| REPLACEMENT<br>HAND APPARATUS<br>SUPPLIER | Replacement Apparatus Hoop: Pastorelli, FIG ID 423, model Rodeo Ball: Sasaki, FIG ID 473 Clubs: Pastorelli, FIG ID 421, Model Masha Ribbon: Sasaki, FIG ID 474 Ribbon Cane: Sasaki, FIG ID 475  Gymnasts' Personal apparatus: The of RG Hand Apparatus with valid certificates are published on the FIG website (here) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.                                                                                                                                                                       |                                                         |  |
|                                           | Random checks on the time during the Event.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | FIG and Manufacturers' Logos will be carried out at any |  |
| APPARATUS<br>CONTROL                      | The presence of at least one Technician from the Official Apparatus Manufacturer will be guaranteed by the Organizing Member Federation for the installation of the RG competition floors in the competition hall, the warm-up hall, and the training hall, as well as throughout the duration of training, podium training, warm-up and competition.  The Technical Delegate, accompanied by the Technician of the Apparatus Manufacturer will proceed to the apparatus control in the competition hall, warm-up hall and training hall(s) prior to training and competition.  The Apparatus control includes the check of the dimensions of the RG competition floors which must respect the valid FIG Apparatus Norms. All floors must be set up |                                                         |  |
| PROVISIONAL<br>SCHEDULE                   | correctly and the RG competition floors in the different halls must be identical.  Tuesday 19 March: Wednesday 20 March: Arrival Technical Delegate Arrival of the delegations and accreditation Podium Training Orientation Meeting Judges' Instruction  Friday 22 March: Saturday 23 March: Sunday 24 March: Qualification Individual and Group Apparatus Finals Individual and Group Optional Sightseeing Award Ceremonies Gala Show and Closing Ceremony Monday 25 March: Departure of the delegations                                                                                                                                                                                                                                          |                                                         |  |
|                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                         |  |

World Cup Competitions must be separate and distinct competition, and may not be combined with any other Competitions.

## COMPETTION FORMAT PARTICIPATION

### Individuals

### All-Around which serve as qualification for the Apparatus Final:

• All Individual gymnasts have to participate in the All-Around qualification

### Apparatus Finals:

• The top eight (8) gymnasts per apparatus from the All-Around qualifying Competition participate in the Finals

### **Group:**

### All-Around which serve as qualification for the Routine Final:

• All Groups have to participate in the Qualifications

### Final Group Routines:

The top eight (8) groups of each Group Routines will qualify for the Finals.

# FEDERATIONS INVITED

The participation is limited to:

#### **Individuals**

- Maximum 2 Individual Gymnasts from the National Federations ranked in the top 18 at the last World Championships (Qualification / All-Around)
- The current All-Around World Champion in addition to the 2 places mentioned above. Nominative place.
- Maximum 1 Individual Gymnast for all other National Federations
- 1 wild card for the host country should it not be represented in the top 18, at the free choice of the host country

### Groups

- 1 Group from the National Federations ranked in the top 16 at the last World Championships (Qualification / All-Around)
- 1 wild card for the host country should it not be represented in the top 16

### SIZE OF DELEGATION AND FIG LICENCE

Only senior gymnasts in good standing with the correct age and holding a valid FIG Licence at the time of registration until the end of the competitions may participate.

No gymnasts will be accepted without a valid FIG Licence at the deadline of the Nominative Registration.

The maximum size of the invited delegation is as follows:

|                                                   | Individual          | Group             | Joint  |
|---------------------------------------------------|---------------------|-------------------|--------|
| Head of Delegation                                | 1                   | 1                 | 1      |
| Team Manager                                      | -                   | 1                 | 1      |
| Coach                                             | 2 (max. 1 per gym.) | 2                 | max. 4 |
| Gymnasts 1)                                       | max. 2              | 6                 | max. 8 |
| Medical Doctor                                    | 1                   | 1                 | 1      |
| Mental Health Professional                        | 1                   | 1                 | 1      |
| Paramedical Staff                                 | 1                   | 1                 | 2      |
| Judges                                            | 1                   | 1                 | 2      |
| TAC zone 1 for coach                              | 1                   | 1-2 <sup>2)</sup> | max. 3 |
| TAC zone 3 for Head of Delegation or Team Manager | 1                   | 1                 | 1      |

<sup>1)</sup> refer to the section "Federation invited"

### **AGE LIMITS**

16 years in the year of the competition

<sup>2)</sup> If 2 coaches are accredited for Groups

### JUDGES AND For the composition of the Judges' Panels, please refer to the Code of Points in force at **JUDGES' PANELS** the time of the event. For the Judges' categories, please refer to the General Judges' rules in force at the time of the event. Not more than one judge per Federation per panel will be permitted. The Judges' Panels are set up by a draw from the judges present at the event. The draw will be directed by the FIG Technical Delegate on site. The participating member federations must send minimum one qualified judge if they participate with individual gymnast(s) and one qualified judge if they participate with a group. It an be the same judge. The Organizing Member Federation is responsible that there are enough FIG brevetted judges present with the appropriate valid category of brevet for their function. Should there not be sufficient judges as per the on-line nominative registration, or not sufficient cat. 1 and 2 judges, the Organizing Member Federation must propose to the FIG for prior approval of the Technical Delegate the name of neutral additional judges to complete the panels (plus 2 reserves). These judges, once approved, have to be invited at the cost of the Organizing Member Federation. Such invitation must be made through the respective Member Federation. Should the Organizing Member Federation fail to propose names for additional judges, the FIG Office in consultation with the Technical Delegate concerned will invite these judges at the cost of the Organizing Member Federation. The Organizing Member Federation will apply a fine of CHF 2'000 per missing judge (to be paid to the LOC by 22 February 2024) should a federation fail to bring the required number of judges or judges without the requested qualification (brevet). **COACHES** No coaches will be accepted in this World Cup without a valid coach-sport profile at the deadline of the Nominative Registration. In order to be considered, the coach-sport profile (including all relevant documents) must be submitted in FIG Database on 08 February 2024 at the very latest (two weeks prior to the deadline for Nominative Registration). The FIG Technical Delegate will be proposed by the FIG RG TC. He/she will serve as FIG TECHNICAL President of the Superior Jury. DELEGATE REGISTRATION Provisional, Definitive and Nominative Registrations must be made exclusively on-line **DEADLINES** via the FIG platform. Provisional registration 29 November 2023 – 23:59 CET Definitive registration: 22 January 2024 - 23:59 CET Nominative registration – step 1 22 February 2024 - 23:59 CET 11 March 2024 - 23:59 CET Nominative registration – step 2 Late registrations are subject to fines as follows: Fine for missing or late Provisional Registration CHF 500.-Fine for missing or late Definitive Registration CHF 750.-CHF 500.-Fine for missing or late Nominative Registration, (Nominative, step 1) The gymnasts' drawing of lots will take place at the FIG Headquarters in Lausanne DRAWING OF LOTS

accepted and the Delegations will not be authorized to participate.

Registrations and payments made after the gymnasts' drawing of lots will not be

(SUI) on **27 February 2024**.

#### **ENTRY FEES**

The non-reimbursable cost for the entry fees is of:

• 50€ per gymnast

At the time of the Definitive Registration 22 February 2024, 100% of the Entry Fee must be paid to the LOC.

Entries without payment of the entry fees will be considered as invalid and will be refused.

#### **ACCOMMODATION**

The following hotels' prices are per person per night and include breakfast and taxes (VAT, municipality taxes and tourist tax).

5\*\*\*\* Hotel:

Single Room: 240,00€ Double Room: 170,00€

4\*\*\*\* Hotel:

Single Room: 160,00€
Double Room: 120,00€
Triple Room: 95,00€

3\*\*\* Hotel:

 Single Room:
 120,00€

 Double Room:
 90,00€

 Triple Room:
 80,00€

The prices charged for the hotel rooms cannot exceed the usual hotel rates.

The invited participating federations must pay for the accommodation expenses of their delegation members, except for the below mentioned gymnasts for whom accommodation will be paid by the LOC (from the official arrival day to the official departure day):

- The top three (3) gymnasts in the All-Around ranking from the previous World Championships present at the event
- The top three (3) Groups in the All-Around ranking from the previous World Championships present at the event

The Organizing member Federation shall determine the hotel at its discretion, but may not chose the "low cost" category hotel for the above-mentioned gymnasts.

The costs for the accommodations must be paid to the LOC as follows:

- **50%** of the accommodation's costs must be paid to the LOC by **22 January 2024** at the time of Definitive Registration
- Settlement of the remaining 50% of the accommodation's costs must be paid to the LOC by 22 February 2024 at the time of Nominative Registration

While the Accommodation Form must be returned to the LOC by **22 January 2024** at the very latest, the Hotel rooms will be allocated on a "first come, first serve" basis.

Fine for late accommodation form delivery (after 22 January 2024): 200,00€ to be paid to the LOC.

| MEALS                        | The following costs are per person and per meal:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                              | In competition venue: lunch 25,00€ In 5***** Hotel: dinner 35,00€ In 4**** & 3***Hotel: dinner 25,00€                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                              | The invited participating federations must pay for the meal expenses of their delegation members, except for the below mentioned gymnasts for whom meals will be paid by the LOC (from the official arrival day to the official departure day):                                                                                                                                                                                                                                                                                                                                     |
|                              | <ul> <li>The top three (3) gymnasts in the All-Around ranking from the previous World<br/>Championships present at the event</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|                              | The top three (3) Groups in the All-Around ranking from the previous World Championships present at the event                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                              | The <b>Meals Form</b> must be returned to the LOC by <b>22 February 2024</b> at the very latest along with the <b>100% payment of the costs</b> for the meals.                                                                                                                                                                                                                                                                                                                                                                                                                      |
|                              | Fine for late meals form delivery (after 22 February 2024): 100,00€ to be paid to the LOC.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| FINAL BANQUET                | The Final Banquet will take place on <b>24 March 2024</b> .  The tickets of the Final Banquet (€ 25,00/person) must be paid to the LOC by <b>22 February 2024</b> .                                                                                                                                                                                                                                                                                                                                                                                                                 |
|                              | Only Delegations (accredited members) and invited persons can participate.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| CANCELLATION POLICY          | ACCOMMODATION In case of cancellation, costs will be refunded as follows:  • Before 22 February 2024: 50% of the total amount due  • From 23 February 2024: no refund to the total amount due                                                                                                                                                                                                                                                                                                                                                                                       |
|                              | <ul> <li>MEALS</li> <li>In case of cancellation, costs will be refunded as follows:</li> <li>Before 22 February 2024: 50% of the total amount due</li> <li>From 23 February 2024: no refund to the total amount due</li> </ul>                                                                                                                                                                                                                                                                                                                                                      |
| INTERNATIONAL TRANSPORTATION | The invited participating federations must pay for the international travel costs of their delegation members.                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|                              | The Travel Schedule Form must be returned to the LOC by 22 February 2024                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                              | Fine for late travel schedule form delivery (after 22 February 2024): 100,00€ to be paid to the LOC.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| LOCAL<br>TRANSPORTATION      | The LOC will provide local transportation (i.e, from/to Athens International Airport "Eleftherios Venizelos", as well as from/to the hotel and the competition, training, and warm up halls and from/to any other official activity from arrival day to departure day.                                                                                                                                                                                                                                                                                                              |
| VISA                         | Please verify immediately with your travel agent or the Greece Embassy or Consulate in your country if a visa is required for your travel to Greece. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made by 22 February 2024 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to. |

### **INSURANCE**

The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.

The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.

Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges.

If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).

The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.

Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: 30€ per person.

### **ACCREDITATION**

Accreditation of all delegation will take place at the venue of the event upon arrival. Heads of delegations have to check the names of their own delegation members and the hotel reservation, they also have to show proof of all necessary payments made.

They have to bring the accreditation office:

- passports of all members of the delegation
- FIG licences for gymnasts
- The CD with national anthem
- The National Flag
- Certification of insurance for all delegation members covering illness, accidents and repatriationProof of full payment to LOC

In addition, the LOC will distribute information regarding the safeguarding Officer operations plan upon accreditation.

### **MUSIC**

Each Delegation must send its Music by email to the following email address: music.aphroditecup@gmail.com not later than 22 February 2024.

Music files have to be sent in .mp3 format. Name of each file must contain:

- The name of the nation (official abbreviation of the country)
- The first and last name of the individual competitor
- The category (individual/group);
- The apparatus (example: ROU\_RADU\_Alina\_Senior\_Group\_5Balls.mp3)

Delegation members are requested to keep in their possession a specimen of their CD and USB key for their training sessions and in case of a technical problem.

The Music Form (FIG online registration platform) must be sent to the FIG duly completed and in excel format only by no later than **22 February 2024**. If a change occurs between Nominative Registration Step 1 and Step 2, a revised Music Form must be sent to FIG and LOC by **11 March 2024** at the very latest.

At the accreditation, the Heads of delegation have to hand in the Music Release form which you will receive.

# FINANCIAL OBLIGATIONS

Federations which have not fulfilled their financial obligations towards the FIG or the LOC may not be allowed to participate in this World Cup.

Federations which have not fulfilled their financial obligations towards the Organizing Member Federation by the given deadline in these Directives may still have the possibility to participate, but the Organizing Member Federation will not guarantee the hotel booking, meals and local transportation.

Federations which have not fulfilled their financial obligations towards the Organizing Member federations upon arrival will not be accredited.

# BANK ACCOUNT INFORMATION

Name of the Bank: National Bank of Greece (NBG) Name of the account holder: Hellenic Gymnastics Federation

Address of account holder: 37 Kifissias Ave. – OAKA

151 23 Maroussi, Greece

Bank address: 38 Stadiou str., 105 59 Athens/GRE

Account number: 080 48077666

IBAN: GR71 0110 0800 0000 0804 8077 666

Swift Code (BIC): ETHNGRAA

Each participating member Federation is kindly requested to integrate the payment's purpose as follows: **RG WORLD CUP – PALAIO FALIRO.** 

The participating federation is responsible for covering all bank fees in connection with the bank transfers.

# TIE BREAKING RULES

In case of a tie at any place, the tie breaking rules for the RG World Championships as outlined in the current FIG Technical Regulation Section 3 shall be applied.

After application, if there is still a tie:

For participation to the Apparatus Final (Individual) and Final Routine (Group):

• The tied gymnasts / groups will proceed to the final

### For Prize money:

• The prize money of the tied ranks will be added and divided by the number of ties.

### For World Cup Points:

 The World Cup points of the tied ranks will be added and divided by the number of ties.

### For Yearly winner:

- The number of ranks of the three counting competitions achieved by the respective gymnast/group will be added and the gymnast/group with the lowest total will prevail.
- If there is still a tie, the total score of the counting routines will be added and the gymnast/group with the highest total will prevail.
- If there is still a tie, the total execution score of the counting routines will be added and the gymnast/group with the highest total execution score will prevail

#### PRIZE MONEY

The Prize Money paid by the Organizing Member Federation (free of any deductible taxes) will be distributed in CHF (or its equivalent EURO according to the requirement mentioned in the 2022-2024 RG World Cup Rules as follows:

| Individuals All-Around       | 6,000 |
|------------------------------|-------|
| Individuals by apparatus     | 3,250 |
| Groups All-Around            | 3,500 |
| Groups Finals 5 and 3+2 each | 3,500 |

### **Individuals All Around:**

| Ranking | Total of<br>CHF 6'000 |
|---------|-----------------------|
| 1       | 2,000                 |
| 2       | 1,500                 |
| 3       | 1,000                 |
| 4       | 500                   |
| 5       | 400                   |
| 6       | 300                   |
| 7       | 200                   |
| 8       | 100                   |

### <u>Individuals – per apparatus:</u>

| Ranking | Total of<br>CHF 3'250 |
|---------|-----------------------|
| 1       | 1,000                 |
| 2       | 750                   |
| 3       | 500                   |
| 4       | 300                   |
| 5       | 250                   |
| 6       | 200                   |
| 7       | 150                   |
| 8       | 100                   |

### **Groups All Around:**

| Ranking | Total of -<br>CHF 3'500 |
|---------|-------------------------|
| 1       | 2,000                   |
| 2       | 1,000                   |
| 3       | 500                     |

### Groups – per routine (5 and 3+2) each:

| Ranking | Total of<br>CHF 3'500 |
|---------|-----------------------|
| 1       | 2,000                 |
| 2       | 1,000                 |
| 3       | 500                   |

The LOC will not be responsible for any local taxes payable in the beneficiary's residence country.

Should less than 4 federations participate in the World Cup competition (Individual Gymnasts and/or Groups), no prize money will be paid.

### ASSIGNMENT OF WORLD CUP POINTS FOR THE RANKING LIST

The results and the updated FIG World Cup Ranking List will be published on the FIG website within 24 hours after the end of the respective competitions provided that all procedures before and after the competitions are duly respected by the Organizing Member Federation.

Separate World Cup Ranking Lists for:

- Individual All-Around
- Individual per apparatus
- Group All-Around
- Group Routine

are established for the five World Cup Series, beginning with the first World Cup competition of the series and ending with the last World Cup event of the series (5 competitions).

For the Individual All-Around and Apparatus Ranking Lists, World Cup Points are assigned to the competitors **by name**.

For the Groups All-Around and Routine Ranking Lists, World Cup Points are assigned to the **Federation**. The Groups are listed **by Federation** only.

| Rank | Points      |        |
|------|-------------|--------|
|      | Individuals | Groups |
| 1    | 50          | 50     |
| 2    | 45          | 45     |
| 3    | 40          | 40     |
| 4    | 35          | 35     |
| 5    | 30          | 30     |
| 6    | 25          | 25     |
| 7    | 20          | 20     |
| 8    | 18          | 15     |
| 9    | 16          | 10     |
| 10   | 14          | 5      |
| 11   | 12          | 4      |
| 12   | 10          | 3      |
| 13   | 9           | -      |
| 14   | 8           | -      |
| 15   | 6           | -      |
| 16   | 4           | -      |
| 17   | 2           | -      |
| 18   | 1           | -      |

Should less than 4 federations participate per apparatus or per category in the World Cup competition (Individual Gymnasts and/or Groups), no World Cup Points will be given.

### **YEARLY WINNER**

The yearly winner of the World Cup Series is the Individual Gymnasts/Groups with the highest number of points of each of the World Cup Series Ranking List of the respective year after the last event of the series, counting the best results (maximum 3, regardless of the number of competitions the gymnast participated in).

A special award ceremony will be held at the last World Cup Competition of the year in which the winning gymnasts/groups shall receive a Cup.

The Individual Gymnasts/Groups will receive an additional prize money paid by FIG.

### **EVENT MANAGER**

### Eleni Michopoulou

Mobile phone: (+30) 697 2004 509

e-mail: emichopo@otenet.gr

### **MEDIA**

### Local Media Officer:

Mr. Stelios Karaoglanidis

Mobile phone: (+30) 6945719766

e-mail: karaoglanidis@hotmail.com, press@ego-gymnastics.gr

|                   | Media are requested to contact LOC Media Officer for accreditation requests and other media services.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| SOCIAL MEDIA      | Host Federation Facebook page: <a href="https://www.facebook.com/HellenicGymnasticsFederation/">https://www.facebook.com/HellenicGymnasticsFederation/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                   | Host Federation Instagram page: <a href="https://www.instagram.com/hellenicgymnastics/">https://www.instagram.com/hellenicgymnastics/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                   | Host Federation YouTube channel: <a href="https://www.youtube.com/channel/UCjwle6z5Lh8ulByz_s4Xx6g">https://www.youtube.com/channel/UCjwle6z5Lh8ulByz_s4Xx6g</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                   | Event Facebook page: <a href="https://www.facebook.com/AphroditeCup">https://www.facebook.com/AphroditeCup</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| MEDICAL SERVICES  | The LOC will provide a first medical aid service.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| COVID-19          | The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|                   | Hellenic Republic COVID-19 Travel Regulations and Information: <a href="https://travel.gov.gr">https://travel.gov.gr</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                   | IATA COVID-19 Travel Regulations World Map: <a href="https://www.iatatravelcentre.com/world.php">https://www.iatatravelcentre.com/world.php</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|                   | For any policy update regarding the COVID-19 Travel Regulations in Greece, the LOC will keep all delegations and interested parties informed.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                   | In addition, the LOC will distribute information regarding gymnasts' safeguarding plan.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| OFFICIAL HOSPITAL | latriko, Palaio Faliro 36 Areos str. 17562 Palaio falirou tel.: (+30) 210 9892100 Website: www.iatrikofalirou.gr E-mail: Ep.faliro@iatriko.gr                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| ANTI-DOPING       | Doping controls  Doping controls will be organised by the International Testing Agency (ITA) on behalf of the FIG and according to the World Anti-Doping Code (WADC), the international standards enacted by the World Anti-doping Agency (WADA) and FIG Anti-Doping Rules.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|                   | Host federation WADC compliance The exploitation of any rights related to the hosting of an event is subject, at all times, to the compliance with the WADC and the international standards enacted by WADA.  Regardless of whether the event has already been allocated or not, the FIG may terminate any collaboration with the host federation or the LOC, immediately and without paying any penalty and/or compensation or incurring liability of any kind, under the following circumstances:  (i) if the National Anti-Doping Organisation (NADO) in charge in the concerned country is declared non-compliant by WADA  (ii) if the relevant country has been ruled ineligible to host the event.  In such cases, the FIG is entitled to reassign the event to any other host federation in another country where the WADC and the WADA international standards are fully respected. |
| MARKETING         | FIG advertising and publicity norms must be respected.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| TELEVISION        | Television coverage is compulsory.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|                   | UZB Federation guarantees the production of a basic feed (international signal). The                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

International signal will be available for the FIG and its Right holders free of charge at the international Broadcasting Centre or at the Gateway without any limitations and free of any access fees.

The production of a basic feed (international signal) will be guaranteed by: Hellenic Gymnastics Federation

Person in charge: Ms. Helen MICHOPOULOU

### SCORING, RESULT SERVICE AND VIDEO CONTROL

As IRCOS will not be available, the Organizing Member Federation will provide a scoring and result service, including a high-quality video system with sound which will allow the recording, storage and provision of compilation of the recorded images for the Difficulty Judges, the Superior Jury and the President of the Superior Jury. The videos will be sent to the FIG within one week after the competition.

Throughout the competition, the system must be able to redisplay in real time, normal speed, slow motion or fixed image, the different sequences and the registered scores of every exercise performed for the Technical Delegate. The scoring and result system must include a TV graphics generator. The presentation of the TV graphics on the international signal must be identical to those used at the FIG World Championships. The name of this system is: Sound d-Light and Studio System.

The Control Video which allows to treat inquiries and records all exercises of the competition in high quality will be performed by a private visual production company.

# RULES AND REGULATIONS

The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives:

- Accreditation Rules
- Advertising and Publicity Rules
- Anti-Doping Rules
- Apparatus Norms
- Code of Ethics
- Code of Points and relevant Help Desk
- Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- General Judges' Rules
- Licences Rules
- Media Rules
- Medical Organization of the Official FIG Competitions and Events
- Regulations for Awards Ceremonies
- Specific Judges' Rules for Rhythmic Gymnastics
- Statutes
- Technical Regulations
- World Cup Rules for Rhythmic Gymnastics

and subsequent decisions of the FIG Executive Committee

### SAFEGUARDING

From the official date of arrival until the official day of departure of the event, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment or abuse of any type or if they are worried or do not feel comfortable.

The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.

In addition, posters of the "10 Golden Rules of Gymnastics", the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones

### DEADLINES SUMMARY

| Provisional Registration (on line)                                                                                   | 29 November 2023 |
|----------------------------------------------------------------------------------------------------------------------|------------------|
| Definitive Registration (online)                                                                                     | 22 January 2024  |
| Nominative Registration (online) – step 1                                                                            | 22 February 2024 |
| Nominative Registration (online) – step 2                                                                            | 11 March 2024    |
| Coach sport-profile                                                                                                  | 08 February 2024 |
| Accommodation Form                                                                                                   | 22 January 2024  |
| Payment of Entry Fee                                                                                                 | 22 January 2024  |
| Payment of Accommodation Costs (first 50%)                                                                           | 22 January 2024  |
| Payment of Accommodation Costs (second 50%)                                                                          | 22 February 2024 |
| Visa Request Form                                                                                                    | 22 February 2024 |
| Travel Schedule Form                                                                                                 | 22 February 2024 |
| Meals Form                                                                                                           | 22 February 2024 |
| Payment of Meals (100%)                                                                                              | 22 February 2024 |
| Payment of the fine for missing judge                                                                                | 22 February 2024 |
| Music Release Form (Paper Form to LOC and FIG)                                                                       | 22 February 2024 |
| Music Release Form if changes occurred between nominative registration Step 1 and Step 2 (Paper Form to LOC and FIG) | 11 March 2024    |

Sincerely Yours,

Place and date: Athens, 29/06/2023



Athanasids STATHOPOULOS President