

XIX. ZELENA JAMA OPEN Ljubljana, Slovenia April 1st, 2023

DIRECTIVES

Dear gymnastics friends,

The Gymnastics Federation of Slovenia and GD Zelena jama is proud to invite your Federation/Club to the International competition in women artistic gymnastics for juniors.

DISCIPLINE	Women's Artistic Gymnastics	
HOST FEDERATION	Slovenian Gymnastic Federation	
	,	
LOCAL ORGANIZING	Gimnastično društvo Zelena jama	
COMMITTE	Pokopališka 35, 1000 Ljubljana, Slovenia	
	Phone: + 386 41 808 235	
	E-mail: info@gimzj-drustvo.si	
	http://www.gimzj-drustvo.si	
	Contact person: Andrej Mavrič (Director of the competition)	
	Phone: + 386 41 310 279	
	mavricster@gmail.com	
LOCATION	Koprska ulica 29, 1000 Ljubljana, Slovenia	
DATE	Saturday, April 1 st 2023	
VENUE	Competition, warm-up and trainig hall:	
	GIMNASTIČNI CENTER LJUBLJANA	
	Koprska ulica 29, 1000 Ljubljana, Slovenia	
APPARATUS SUPPLIER	SPIETH , JANSSEN & FRITSSEN	
RULES AND	The rules will be organized under the following FIG rules:	
REGULATIONS	FIG Code of points: Competition I for juniors	
	The team is composed from 3 girls (2 + 1)	
FEDERATIONS/CLUBS	Teams of National federations or teams of clubs may participate in	
INVITED	this competiton.	

	Teams of National Federations may only be registered by the			
	respective National Federation's office.			
AGE LIMITS	Juniors. Girls born in 2008 or later (younger)			
JUDGES AND JURIES	Every participating Club and/or Federation must provide 1 judge. In the case of a missing judge the team must pay a 200 EUR fee.			
REGISTRATION DEADLINES	Definitive registration:	January 21 st 2022		
DEADLINES		January 31 st 2023 March, 1 th 2023		
	Nominative registration:	March, 1 2023		
ENTRY FEES	There is a 180 EUR entry fee for every person in the team (3 girls and the coach). If a person wants to stay in a single room, there is an 30 eur extra cost per day. All the costs for the judges will be payed by the organizer. The fee covers the costs for: - lodging and meals from March, 31 st till April, 2 nd 2023 for: • 3 girls (competitors) • 1 coach • 1 judge - transfer from the airport or train station to the hotel and back and all the transfers to the gym hall and back			
PROVISIONAL	Friday, 31.1. 2023			
SCHEDULE	Arrivals of Delegation			
	 Possibility of training in G 	C Ljubljana		
	• Tehnical meeting Saturday, 1. 4. 2023			
	Judges meeting			
	Competition 1. group			
	Opening ceremonyCompetition 2. group			
	Awards ceremony			
	Sunday, 2.4. 2023			
	Departure of delegations			
	Earlier arrival and later departure are possible on your own expences.			
MEDICAL SERVICES	Medical services provided during	the competition.		
VISA		our travel agent or the Sovenian		
	Embassy or Consulate in your country if a visa is required for your travel to Slovenia . The LOC will be happy to assist each Delegation			
	member with an official invitation	n letter.		

	The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation member as well as the city the visa appliation support letter must be sent to.
INSURANCE	All the competitors compete and train on their own risk, so please make sure that your gymnasts have insurance policy.
	The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.
	The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.
	Delegation members with insufficient insurance cover must inform the LOC in advance.
INTERNATIONAL TRANSPORTATION	Each team has to pay for their own travel expences.
	The Travel Schedule Form must be returned to the LOC with Nominative registration till 1 th of March 2023.
LOCAL TRANSPORTATION	Local transport from Jože Pučnik Ljubljana Airport or Train and Bus station Ljubljana to the hotel, competition venues and city will be provide free of charge by the LOC.
ACCOMODATION	During the competition the accomodation will be provide for all the competitors, coaches and judges.
	Each team must pay the expences for any extra person (200 EUR per person).
BANK ACCOUNT	Payments should be made to:
INFORMATION	Gimnastično društvo Zelena jama
	Pokopališka ulica 35, 1000 Ljubljana, Slovenia
	Bank details: Nova Ljubljanska banka d.d. (NLB d.d.), Trg republike 2, 1000 Ljubljana, Slovenia
	Swift: LJBASI2X IBAN: SI56 0201 2001 5088 024 (account)
BANK ACCOUNT	The payment is also possible at Tehnical meeting in cash(EUR).
INFORMATION	Each participating member Federation/Club is kindly requested to integrate the payment's purpose as follows: ZJ Open2023_name of the Federation/Club.

	The participating federation is responsible for covering all bank		
	fees in connection with the bank transfers.		
SOCIAL MEDIA	Website:		
	http://www.gimzj-drustvo.si		
	Facebook:		
	https://www.facebook.com/gdzelenajama		
DEADLINES SUMMARY			
	Provisional registration	January 31 st 2023	
	Nominative registration	March, 1 th 2023	
	Travel Schedule Form	March, 1 th 2023	
	Visa Request Form	March, 1 th 2023	
	Payment of the entry fee	On arrival to the LOC or on LOC bank account till March, 29 th 2023	
	Payment of the fine for missing judge	On arrival to the LOC	
	Payment for the extra person	On arrival to the LOC or on LOC bank account till March, 29 th 2023	
	All the registation forms should be sent to info@gimzj-drustvo.si		

Sincerely yours,

Andrej Mavrič president

